



THE POWER OF CLAY: For Healthy Looking Skin “Naturally” Clay Facials Are The Way To Go

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The Natural Clay Facial is one of the safest and the most natural method of exfoliation. This procedure does not use any machines, chemicals, or peels. The only “tools” used are a cream made of only clay and water, and the esthetician’s fingertips to spread the cream over the area to be treated, using a featherlike touch. The Natural Clay Facial can help men, women, and even children with problem skin. Furthermore, for those who have clear skin, the treatment can help to rejuvenate their skin and rid the pores of any impurities. As the skin is exfoliated with the clay, the impurities from the skin are surfaced, the pores shrink, and the dead cells become finer. Unlike most other skin treatments, the Natural Clay Facial can be applied around the eyes and lips, as well as the neck and décolleté. Additionally, the clay is applied up to five to seven times in one service, which is not the case with other similar skin treatments. Most other clays are only applied once as a masque, allowed to dry, and then removed by the esthetician during a visit, because any more applications can irritate the skin.

This treatment is especially helpful for those with acne, rosacea, sunburn, or those receiving treatment for cancer. People who are prescribed Retin-A, Renova, or Accutane can also receive the treatment without any adverse effects. Patients with acne, especially of the cystic type, generally cannot receive facial treatments because their skin is easily irritated and can even bleed. The Natural Clay Facial, however, can be used to treat these patients without any further complications and can actually stop the bleeding. Unlike most other facials, it also eliminates the possibility of spreading bacteria, which ultimately worsens the problem. Those with severe rosacea, whose skin is dry, red, and flaky, will see dramatic results after the first treatment. Their skin will go from blood red to a very pale pink as the dead cells are removed naturally. Because the clay is free of sulphur, the Natural Clay Facial can also be used to treat severe sunburns, calming the skin and reducing redness, without causing any additional irritation or stinging. The clay is used as a masque and applied to the affected area to heal the skin and prevent any blisters from forming. Additionally, clients who are receiving radiation or chemotherapy treatments may be treated with the Natural Clay Facial. Many people who receive these cancer treatments are left with gray or ashen skin which tends to become very thin and dry. The Natural Clay Facial will help to re-hydrate their skin, exfoliate the dead cells, and help to bring the natural skin tones to the surface, ultimately restoring the skin’s natural glow.

The beauty of a Natural Clay Facial is that it prevents bacterial complications, unlike a traditional facial which often-times spreads bacteria and ultimately worsens the problem. The public, as well as skin care professionals, have decidedly grown tired of using aggressive peels and treatments which are harsh on the skin. There is also a general consensus that natural products are what people want. The clay used in the Natural Clay Facial has no additives or sulfur, and contains several natural minerals which are essential in healing the skin. Furthermore, those with age spots, slight wrinkles, and minor skin problems will see results after only a few treatments. The Natural Clay Facial leaves skin glowing with no redness or downtime ever!

For More information on Natural Clay Facials, please visit www.tigerseyeskinicare.com.

Written by Myriam Liberman, licensed esthetician and founder of **TTE Skincare**



Myriam Liberman is an esthetician with the traditional degree from a beauty college. However, in 1992 she met a Native American esthetician and began on a new path of skin care based on Natural Exfoliation. Myriam has begun to teach the technique to other skin care professionals as advanced education and hopes to take the technique internationally. With this principle in mind, Myriam created her own natural skin care line, **TTE Skincare**.
